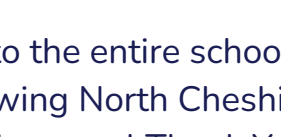


Take on the **Warrington Running Festival** this September and enjoy discounted tickets when you join team WHH Charity

Join the run



Follow us on Facebook, Instagram and LinkedIn for the latest updates



School crowned WHH Charity Champion during special anniversary year

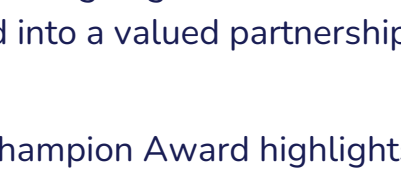
Sacred Heart Catholic Primary School, based in Whitecross, Warrington, has been named WHH Charity's first Charity Champion in recognition of its strong commitment to supporting patients, families and staff.

The special award was presented to the entire school during a visit from the charity following North Cheshire and Mersey NHS Foundation Trust's annual Thank You Awards.

Pupils have visited hospital wards including stroke and dementia units, where they have performed songs, shared handmade cards and spent time with patients. The school has also taken part in fundraising events and featured in charity campaigns to encourage wider community involvement.

The award also recognised the contributions of two highly commended finalists. Shaun Ryan from Protime Security has proudly championed WHH Charity since 2016, helping to enhance experiences for patients and families through continued fundraising efforts. Laurence Barrow from Barrow Electrical was also recognised for his ongoing involvement, which began during the Covid-19 pandemic and has developed into a valued partnership benefiting patients, families and staff.

As the charity celebrates its 30th birthday, the Charity Champion Award highlights the lasting impact fundraisers, volunteers and advocates continue to make across the trust and the communities it serves.



Community rallies behind Tom as marathon challenge pauses

An Orford dad who set out to run seven marathons in seven consecutive days in support of Warrington Hospital's neonatal unit was forced to pause his extraordinary challenge after sustaining an injury during day three.

Tom Dore had already completed two full marathons and was halfway through his third when he suffered an injury to his achilles. Despite being in significant pain, Tom was determined to continue and walked the remaining distance to complete the third marathon before later attending the Urgent Treatment Centre at Halton Hospital.

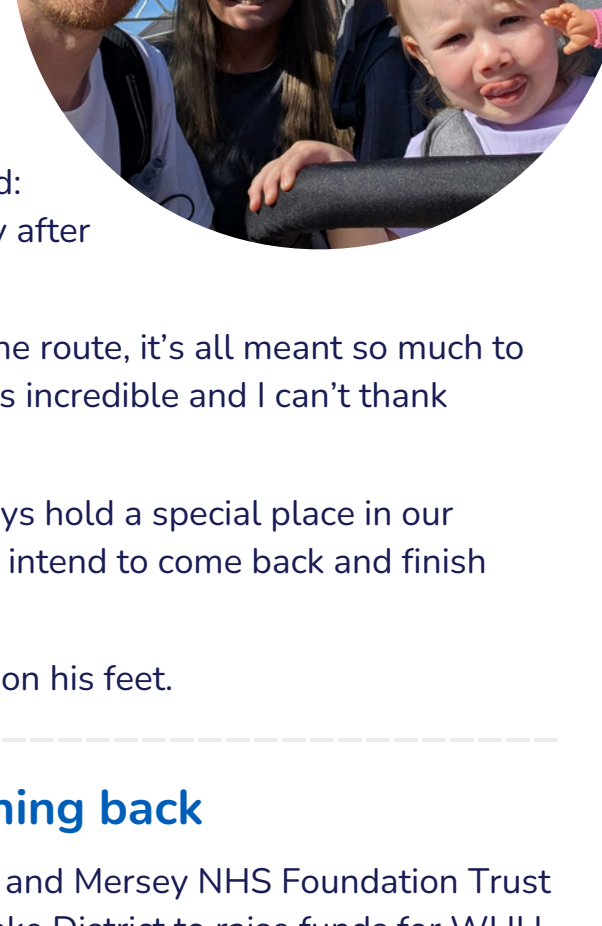
Following assessment and medical advice, Tom has been told he must avoid exercise for the next six to eight weeks while he recovers.

Speaking about the support he has received, Tom said: "I'm absolutely gutted that I've had to stop, especially after all the training and support people have given me.

"The donations, messages, people turning up along the route, it's all meant so much to me and my family. To have raised more than £8,000 is incredible and I can't thank people enough.

"The neonatal team at Warrington Hospital will always hold a special place in our hearts and although I need to recover properly, I fully intend to come back and finish what I started."

Watch this space... to be continued once Tom is back on his feet.



Running up those hills to give something back

A digital communications manager at North Cheshire and Mersey NHS Foundation Trust is taking on a gruelling 55km ultra marathon in the Lake District to raise funds for WHH Charity.

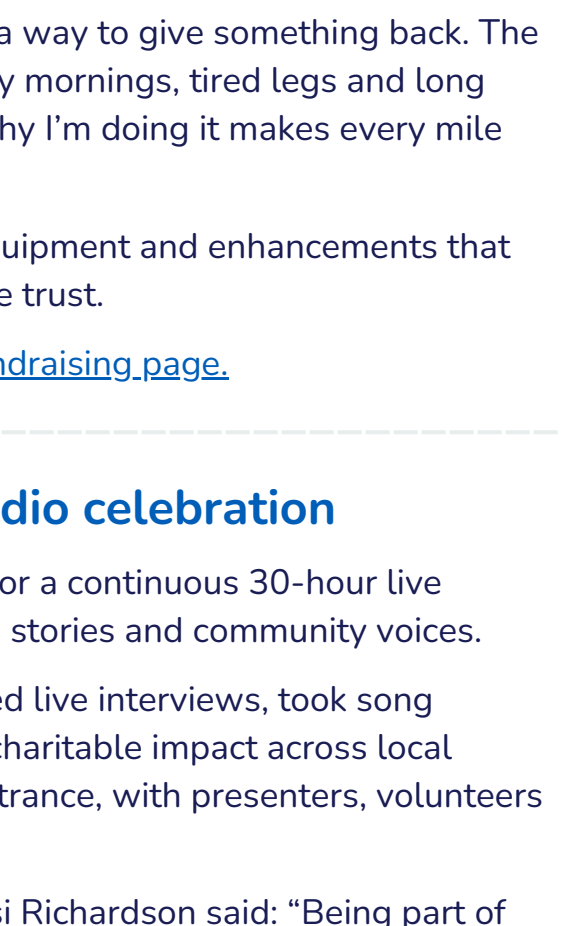
The demanding route will take him across rugged terrain and steep hills, with Adam expecting sections that feel more like scrambling than running. He has been training for months with long runs and hill sessions, preparing for what he describes as his toughest challenge yet.

Speaking about why he chose to support WHH Charity, Adam said: "My family has experienced first-hand the care, compassion and professionalism of our NHS staff and I have seen how they support people through some of the best and hardest moments of their lives.

"That kind of impact is hard to forget, so this felt like a way to give something back. The training has definitely been tough, with plenty of early mornings, tired legs and long runs questioning why hills even exist, but knowing why I'm doing it makes every mile worth it."

Funds raised will support WHH Charity in funding equipment and enhancements that improve care for patients, families and staff across the trust.

To support Adam's fundraising challenge, [visit his fundraising page](#).



We marked 30 years with 30-hour radio celebration

To mark 30 years, we partnered with Radio General for a continuous 30-hour live broadcast that filled Warrington Hospital with music, stories and community voices.

Broadcasting from inside the hospital, the team hosted live interviews, took song requests and shared reflections on three decades of charitable impact across local healthcare services. The launch began at the main entrance, with presenters, volunteers and staff joining the live coverage as it went on air.

Charity volunteer and Radio General presenter Chrissi Richardson said: "Being part of the 30 hour live radio broadcast celebrating 30 years of the charity was a really special experience for me.

"We were set up right inside Warrington Hospital, and it didn't take long for people to get involved. Patients listened from their beds, requested songs and chatted with presenters, which made it feel very personal. Visitors coming through the hospital stopped to ask what was happening and quickly joined in too, with some even dancing as they walked through.

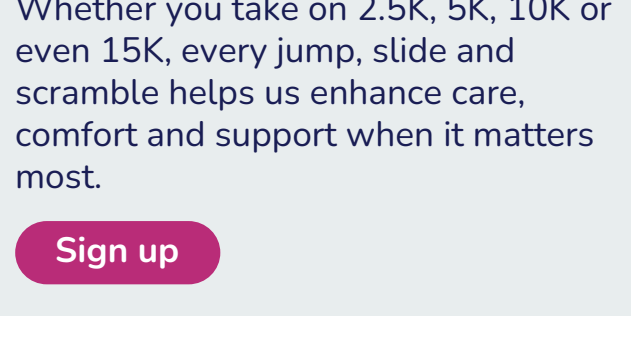
"There were lots of lovely moments, including a patient from Ward A5 coming back several times just to listen, and staff from A&E getting in touch while listening from the corridor. Local staff from Costa and Greggs also took time to say how much they enjoyed it.

"A real highlight was a paediatric nurse joining us with her guitar and singing live."

Thank you to everyone who took part, supported, listened, and helped make the celebration possible.



Which one will you take on?

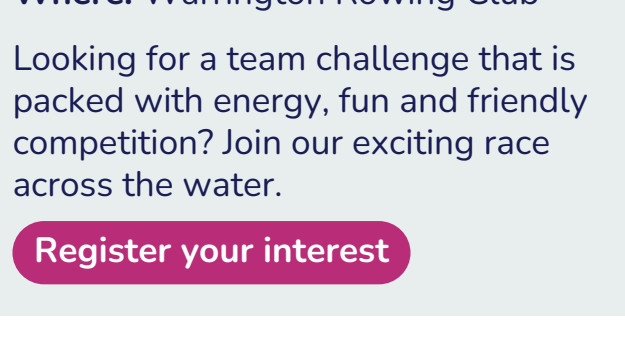


Jump into the inflatable 5k

When: Saturday 18 July
Where: Knutsford

Whether you take on 2.5K, 5K, 10K or even 15K, every jump, slide and scramble helps us enhance care, comfort and support when it matters most.

Sign up

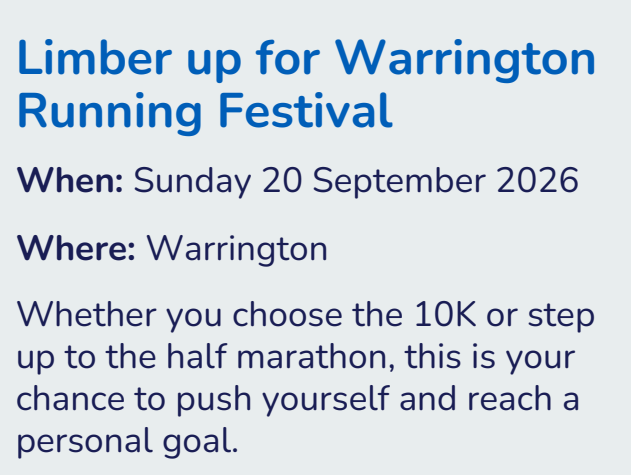


Make waves at the Dragon Boat Race

When: Monday 31 August 2026
Where: Warrington Rowing Club

Looking for a team challenge that is packed with energy, fun and friendly competition? Join our exciting race across the water.

Register your interest

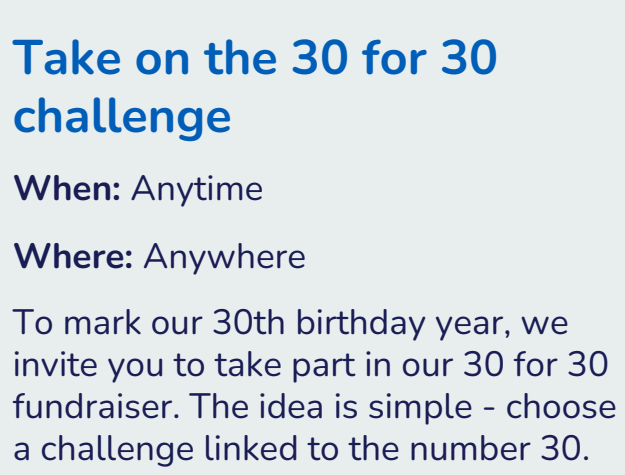


Limber up for Warrington Running Festival

When: Sunday 20 September 2026
Where: Warrington

Whether you choose the 10K or step up to the half marathon, this is your chance to push yourself and reach a personal goal.

Sign up



Take on the 30 for 30 challenge

When: Anytime
Where: Anywhere

To mark our 30th birthday year, we invite you to take part in our 30 for 30 fundraiser. The idea is simple - choose a challenge linked to the number 30.

Get your fundraising pack

If you would like more information on our upcoming events or would like to get involved, get in touch.

whh.charity@nhs.net 01925 662666

How you can help

There are many ways to show your support – from fundraising and events to volunteering.

Every contribution is truly appreciated.

Get involved

Make a donation, make a difference

Raising more than money

whh.charity@nhs.net 01925 662666